



The First Thing to Look For in a Sailing School



Welcome Aboard!

As a new sailor, you are embarking on a voyage of discovery that will lead you to the beauty, relaxation and excitement of the sailing lifestyle. For most sailors, this passage begins with a solid foundation of sailing instruction.

We are *US SAILING*, serving sailors since 1897, and our commitment to you is to provide a safe, fun and successful experience, so that you can explore an adjacent cove or an exotic tropical location.

To ensure a superior level of instruction we have the Keelboat Certification System to offer you:

Introducing the US SAILING Certification System

Basic Keelboat

To responsibly skipper and crew a simple daysailing keelboat in familiar waters with light to moderate wind and sea conditions. Classes are taught aboard small 18-27 foot, monohull sloops with or without an outboard motor and with tiller steering. Courses leading to certification are of an introductory nature, designed to provide the new sailor with a foundation on which to build future sailing skills. You will be learning about parts of the boat, sailing's language or nomenclature, knots, rigging the boat, leaving and returning to the dock or mooring, points of sail, safety procedures, sailing a course, maneuvering, anchoring and securing the boat.

Once certified you'll be able to confidently sail aboard your own or rented keelboat for relaxing outings or great adventures in local waters and moderate weather conditions.

- **US SAILING**-certified instructors give professional attention to your safety and instruction.
- **US SAILING** -developed instruction materials help you gain competency and confidence in your sailing skills.
- **US SAILING** -certification proves your achievement and gives you a passport to charter boats locally or worldwide.
- **US SAILING** -membership makes you part of the National Governing Body of Sailing and you receive a one-year subscription to a major sailing magazine.

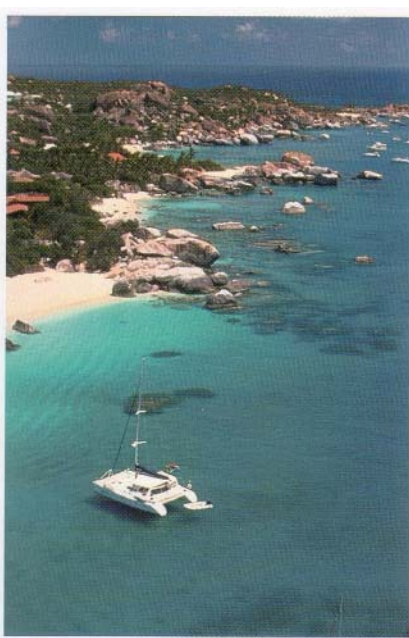
Only *US SAILING* offers this system, so choose a school that has *US SAILING*-certified instructors and materials and become a *US SAILING* sailor. It's your passport to a lifetime of sailing enjoyment !



Basic Cruising

To responsibly skipper and crew an auxiliary-powered cruising sailboat during daylight hours within sight of land in moderate wind and sea conditions. Courses are taught aboard sloops of moderate size (23-32 feet) with inboard or outboard auxiliary engines. Now you can build upon the skills gained in smaller keelboats as you become familiar with cruising boats which have more comfortable accommodations and more complex systems. You will advance your skill level in sail trim, reefing, crew coordination, boat systems, chart reading, tides and currents, anchoring, rules-of-the-road and more.

Certification at this level will allow you to sail an auxiliary-powered cruising sailboat and take friends or family daysailing to explore the coastline and its harbors.



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Bareboat Cruising

To responsibly skipper, crew or bareboat charter an inboard auxiliary powered cruising sailboat within sight of land to a port or an anchorage during daylight hours in moderate to strong wind and sea conditions.

This is the major goal of many sailors-to be able to bareboat charter or cruise with confidence. This certification opens the door to the beautiful world of tropical destinations and advances you to larger boats capable of longer passages.

Courses are taught aboard 30-45 foot cruising sailboats with wheel steering and inboard diesel auxiliary power. You will polish your sailing skills, work with boat systems, tow a dinghy and learn advanced anchoring techniques in preparation for chartering.

Successfully complete this level and you'll be ready to set sail on weekend cruises or bareboat charter at exotic tropical destinations.

Coastal Navigation

To properly use traditional navigation techniques and electronic navigation for near coastal passage making. This navigation course is "ground school" for the advanced certifications where you will be venturing offshore, away from sight of land and out of protected waters. You will learn about piloting, deduced (ded or "dead") reckoning, set and drift, taking bearings and ranges. You'll learn about radar, Loran, GPS and other electronic aids to navigation and how to integrate them with traditional piloting methods.

Your Coastal Navigation Certification will provide you with the skills and confidence to navigate your way to any destination.

Coastal Passage Making

To responsibly skipper and crew an inboard auxiliary powered cruising sailboat for coastal or offshore passages in strong to heavy conditions, including zero visibility and nighttime in unfamiliar waters out of sight of land.

Courses leading to this certification level prepare you for chartering in more challenging locations where you may encounter higher winds, leave sight of land and face more difficult navigational situations.

You will make use of all the sailing knowledge gathered to this point and will be able to give your navigational skills some practical application. Courses are taught aboard larger, 30-50 foot cruising sailboats with more sophisticated safety and navigational gear. Curriculum include such topics as watch standing, safety equipment and its use



Billy Black Photo:

and provisioning. Proficiency must be demonstrated in the many roles required of blue water sailors, including crew, navigator and skipper. **Once you have mastered this certification level you will be ready for virtually all charter areas and extended coastwise cruising.**

Celestial Navigation

To navigate using celestial techniques and integrating celestial and traditional navigation.

Even in today's world of navigational miracles like the handheld GPS (Global Positioning System), experienced blue water sailors take comfort in their knowledge of traditional celestial navigation skills.

Offshore Passage Making

To responsibly skipper and crew an inboard auxiliary powered cruising sailboat to any destination worldwide. Courses leading to this certification are taught aboard 35 foot or larger offshore cruising yachts with serious



Onne van der Wal Photo/www.vanderwal.com

seagoing capabilities. This is the ultimate sailing course and prepares the serious student for long-distance, worldwide cruising. Students will call on their seamanship and navigation skills and are expected to excel in all areas. Course is recommended for serious offshore enthusiasts only.

Come Sail with US Now!

Choose a school that offers *US SAILING* instructors and materials and become a *US SAILING* sailor. You'll be on your way to a lifetime of sailing enjoyment. For a list of *US SAILING* member schools, contact:

US SAILING Keelboat Certification System

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www.ussailing.org Email: keelboat@ussailing.org

US SAILING also sponsors Safety-at-Sea seminars, administers the racing rules, chooses the US Olympic Sailing Team and has a national training program for sailors in dinghies, windsurfers, multihulls and keelboats. It provides a national forum in which every sailor is represented.